Abuse and neglect can affect children for their entire lives. While providing a safe place to live is an immediate need, children must also work through the trauma they have experienced at the hands of those who they trusted the most. Maltreatment of a child negatively impacts their physical, social and emotional health, relationship building, and learning. The work to overcome their adversity takes intensive therapeutic and behavioral treatment. The Home provides these services through its 20 programs while always prioritizing finding permanency—a forever connection—for every child.

### DID YOU KNOW?
**April is Child Abuse Prevention Month**

Abuse and neglect can affect children for their entire lives. While providing a safe place to live is an immediate need, children must also work through the trauma they have experienced at the hands of those who they trusted the most. Maltreatment of a child negatively impacts their physical, social and emotional health, relationship building, and learning. The work to overcome their adversity takes intensive therapeutic and behavioral treatment. The Home provides these services through its 20 programs while always prioritizing finding permanency—a forever connection—for every child.

### TYPES OF MALTREATMENT IN MASSACHUSETTS IN 2017

<table>
<thead>
<tr>
<th>Type of Maltreatment</th>
<th>Total Victims</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neglect</td>
<td>23,550</td>
</tr>
<tr>
<td>Physical Abuse</td>
<td>2,213</td>
</tr>
<tr>
<td>Sexual Abuse</td>
<td>861</td>
</tr>
<tr>
<td>Other</td>
<td>25</td>
</tr>
<tr>
<td>Total Maltreatment Types</td>
<td>26,649</td>
</tr>
</tbody>
</table>

(Some victims experienced multiple types of abuse)
Malik* is preparing to leave the child welfare system which has raised him since he was eight years old. “I’m ready to move on... move forward,” shares the muscular 17-year-old, who lives at The Home’s Roxbury House, group home. As much as he wants to leave his past of homelessness, neglect, and abuse behind, the staff at Roxbury House knows that first Malik must work through his trauma.

Getting a teenage boy to open up and talk about their family and childhood is difficult. Kapr Bangur, Program Director of Roxbury House, knows this and has implemented a new initiative called My Life Studio, with the young men. My Life Studio is a film project where the young men talk about their lives on camera, interview important people in their lives, such as family, former foster parents, and coaches.

“My Life Studio: Malik’s Breakthrough”

In documentary style with little prompting, Malik jumps right in. He talks about how much he respects his former foster mother, Ms. Ruth. Malik is relaxed in his chair while he reminisces how family oriented she was and how he still visits her on holidays. Ms. Ruth was a safe subject to talk about. As he gets more comfortable on camera Malik gets into that day he was removed from home. At eight-years-old, he and his eight other siblings and his parents were homeless and sleeping outside. Malik remembers one morning when they were in an official building of some sort, he and his older brother were so hungry they were filling themselves with Hershey Kisses from a candy bowl. The police came to talk to his dad who was having an outburst. Social workers came and separated the nine children from their parents. “I looked out the window every night hoping to see my parents. I had to give up looking. They never were able to get it together.” His younger siblings went to foster homes and were quickly adopted. Malik and the three oldest have bounced from group homes to foster homes over the past 10 years.

Malik’s next step in the My Life Studio process is to conduct interviews. Ms. Ruth will be his first. In total, Malik will probably film about six hours of video. He will work to cut it down to about 10 minutes, using professional editing tools and setting it to a soundtrack. Kapr explains that is the process of the filming and the editing which is paramount for the boys to process their trauma. “The progress made in Malik’s one filming session would have taken several months to a year in a traditional therapeutic setting.”

The My Life Studio process gives the boys power over their own stories; to see themselves as survivors, not as victims. While the boys think they’re the next reality stars, Roxbury House staff is really engaging them in clinical, therapeutic work. They are showing the boys they have power over their lives and their futures. After explaining the abuse, he experienced as a young child Malik looks into the camera, “I’m leaving that in the past. Nothing I can do about it.” He aims to love his future kids like Ms. Ruth loves hers, more than anything or anyone in the world. ■

*All names have been changed to protect the identities of our clients
Dear friends,

Welcome to The Home’s Spring Newsletter!

Spring is a busy time for our programs... The Home at Walpole is up and running and admitting new kids every week...

Harrington House will soon be completing its move from Mission Hill to Dorchester... and our Voices & Visions 2019 fundraiser in May is expected to be another fun, exciting, and successful night!

We were very happy to welcome State Senator Paul Feeney (Bristol and Norfolk) to The Home at Walpole and meet some our staff and students. Senator Feeney is serving his first full term on Beacon Hill and has a long history of being a friend to The Home and a strong supporter of social services.

Earlier this year the kids at TASP – our Therapeutic After School Program, celebrated Black History Month by creating poster bios of historical African-American leaders they find inspiring.

The Home’s staff is deeply immersed in identifying the core the values we think are important for a child welfare, behavioral health organization and finding the important ways we must live those values. Values workshops have been hosted at our various programs. We’ve had input from more than 200 employees in the organization that have come up more than 200+ values!

Our 4th Annual Young Men of Color conference was held on March 30th at Roxbury Community College. Thank you so much to our staff and partners who put this important event together as well as our keynoter Brandeis University Dean and poet Jamele Adams, and of course the young men who attended; we were overwhelmed with the great attendance!

Let me close by saying just how much we appreciate the support and encouragement we receive from you and others who read this newsletter. It is just one of the ways we reach out to let you know that your generosity and friendship is valued and working for the children and families we serve. Thank you!

Sincerely,

Lesli Suggs

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Black History Month was celebrated throughout The Home’s programs and administrative offices. Our Therapeutic After School Program serves youth who struggle with behavioral and mental health issues by providing them a safe after-school atmosphere with a clinical focus. The kids chose to do a Black History project that highlighted historical black leaders. Youth selected an influential leader to research. They created posters which included a picture, quote and biography of the person they chose that decorated the halls of the program for the month! We were excited to see some of the young woman take a particular interest in choosing female leaders.

The Home’s Therapeutic After School Program lined its halls with inspirational Black Leaders to celebrate Black History Month.
In March 30th, The Home partnered with Roxbury Community College (RCC) to host its fourth annual Young Men of Color Conference. 60 young men ages 12 to 21 came together to connect with each other and successful role models. Our keynote speaker, Jamele Adams, Dean of Students at Brandeis University and renowned poet, delivered a lively address touching on points of what it means to be a man in our community and the cultural barriers that face young men of color.

The young men attended workshops that ranged in topic from social media, healthy romantic relationships to finances and community violence. The day’s full schedule also included a tour of the RCC campus. Our intention of this conference is to contribute to the young men’s sense of pride and enhance their feelings of support while delivering resources to help them achieve their dreams, however those are defined.

**YOUNG MEN OF COLOR CONFERENCE OUTCOMES**

The Child and Family Counseling Center provides school based therapy to more than 1,300 children and youth in 96 schools throughout greater Boston and the North Shore.

Midway through this school year:

- **79%** of students made progress on their behavioral or emotional concerns, as rated by their teachers
- **90%** of students had not experienced a suspension
- **98%** of students were able to be maintained in their current school placement

For students who ended services during the first half of the school year:

- **67%** did not have a significant problem with school functioning, as rated by their clinician

Three months after services ended:

- **93%** of students attended school regularly
- **95%** of students had not experienced a suspension

Lisa, an Operations Manager at Boston Medical Center, is a mom to two great children. She has always taught them the importance of giving back because it makes our world better as a whole and it gives purpose in her own life.

Continuing to help children and families in the future is important to Lisa. She’s made the generous decision to join our Legacy Circle by including The Home in her trust. “My life could have been very different. I was not headed down the right path but The Home never gave up on me! It changed my life completely.”

Lisa Morgan, an alumni and supporter of The Home pictured with her family.

I was not headed down the right path but The Home never gave up on me!