

PACT-Y SERVICES
AT THE HOME *for* LITTLE WANDERERS

Assertive Community Treatment For Youth

The Home for Little Wanderers' **Program for Assertive Community Treatment for Youth (PACT-Y)** is a comprehensive service designed specifically for youth with the most challenging, persistent mental and behavioral health needs whose experiences with other community-based health services have not resulted in the sustained success they need to stay in their communities. Our program offers intensive, coordinated, comprehensive care from the PACT-Y team, an integrated, multidisciplinary team that meets youth and young adults where they are, whether at home, college or at a transitional age program.

WHO WE ARE

Our PACT-Y team works together interchangeably and with daily communication to provide complete care and seamless support to youth, young adults and their families. It includes the following members:

- ♥ Program Director/Team Leader
- ♥ Assistant Director
- ♥ Psychiatrist or Nurse Prescriber
- ♥ Registered Nurse
- ♥ Masters Level Clinicians
- ♥ Outreach Workers
- ♥ Occupational Therapist
- ♥ Family Partner
- ♥ Young Adult Peer Mentor
- ♥ Education/Vocational Specialist
- ♥ Program Assistant



About Us

The Home's Program for Assertive Community Treatment for Youth (PACT-Y) serves individuals under the age of 22 with serious emotional disturbance for whom traditional office- and/or community-based services and interventions have not been helpful, and who may benefit from the collective care of an integrated team of specialized professionals. Services are available 24 hours a day, seven days a week, 365 days a year. Youth/young adults served by the team do not have other community behavioral health providers while receiving this service.

THE HOME FOR LITTLE WANDERERS **ME**
BETTER, BRIGHTER FUTURES FOR KIDS

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Coordinated, comprehensive services by one multidisciplinary, community-based team.

HOW WE HELP

PACT-Y services and interventions include...

- ♥ Culturally-sensitive comprehensive assessment to understand youth and family strengths and needs
- ♥ Psychiatry, including prescribing, by a psychiatrist or psychiatric nurse practitioner
- ♥ Nursing
- ♥ Care coordination
- ♥ Counseling and psychotherapy, both individual and family therapy
- ♥ Peer supports
- ♥ Substance use interventions
- ♥ Occupational therapy
- ♥ Assistance with accessing health care services
- ♥ Crisis response and intervention
- ♥ Educational and vocational support

Full family involvement in the assessment and treatment process is critical to success in this service!

Note: If the participant is over age 18, family involvement is voluntary and requires the youth's permission.

WHY PACT-Y?

Because Assertive Community Treatment (ACT) is one of the oldest and most widely researched practices in behavioral healthcare.



Because the evidence-based practice aims to improve outcomes for people with severe mental illness.

Because ACT supports those most at risk for psychiatric crisis, hospitalization and involvement in the criminal justice system.

Because research suggests that ACT reduces hospitalization, increases housing stability and improves quality of life. It may also reduce staff burnout and increase job satisfaction, cost effectiveness and client satisfaction.

ELIGIBILITY REQUIREMENTS:

Participants of PACT-Y must be referred by the Department of Mental Health, under the age of 22 and possess an IQ greater than 70. Individuals must be living in the community with severe emotional disturbances and history of mental illness and have a previous history of unsustained success following participation in other community-based programs.



For more information about PACT-Y, please contact Jenn Medeiros at jmedeiros@thehome.org.

About The Home *for* Little Wanderers

For over 200 years, The Home for Little Wanderers has helped build stable lives and hopeful tomorrows for children and their families. Our 25+ community-based and residential programs serve thousands of youth, from birth to age 26, who are in at-risk circumstances. Many of these children have experienced abuse, neglect, trauma or a disrupted family life. As the oldest child welfare agency in America, we provide them with safe surroundings, permanent loving relationships and a secure path toward a better, brighter future.