

You're There for Everyone Else. Let Us Be There for You.

Individuals working in early childhood give so much of themselves every day—and can carry considerable stress. The Home for Little Wanderers' Caregiver Assist Line of Massachusetts (CALM) is a non-crisis helpline created specifically to support members of this crucial workforce who are supporting children from infancy through age 5.

Designed with the realities of early childhood work in mind, CALM connects callers with an empathetic and knowledgeable listener who possesses experience and expertise in the field. Our team offers support before, during and after workplace concerns arise, offering professionals a compassionate space to pause, connect and talk through work-related challenges and associated personal issues.

In addition to active listening, CALM provides useful tools and resources, reducing professional stress—because caring for yourself is an essential part of caring for others.

HOW WE HELP

- ♥ Provide social support during times of stress
- ♥ Offer space to confidentially process anxieties and challenges
- ♥ Give peer-to-peer guidance, reassurance and validation
- ♥ Recommend next steps and appropriate community resources
- ♥ Address gaps in care and improve access to information



About The Center for Early Childhood

The Center for Early Childhood (CEC) at The Home for Little Wanderers provides comprehensive, relationship-based services that support young children and the adults who care for them. Through direct care and prevention-focused consultation, the Center works with children, families and professionals to build strong social-emotional foundations for happy, healthy childhoods. Services are age-appropriate, culturally responsive, and offered by master's-level clinicians and experienced consultants in a variety of settings—including a child-friendly clinic, homes, early education programs, shelters and community spaces—meeting families where they are.

THE HOME
FOR LITTLE WANDERERS
BETTER, BRIGHTER FUTURES FOR KIDS

888-HOME-321 • THEHOME.ORG

OFFERING CONFIDENTIAL PEER-TO-PEER SUPPORT FROM PEOPLE WHO UNDERSTAND THE WORK

Whether you're processing a difficult interaction, feeling the weight of burnout or looking for guidance on next steps, we can connect you to experienced listeners and relevant community resources. By offering early support and connection, CALM aims to prevent burnout and reduce the risk of crises—supporting a healthier, more sustainable workforce for the children and families who depend on us.

ABOUT OUR STAFF



Master's level
clinicians



Mental health consultants
who are experienced early educators



Clinically trained
and supported

Contact CALM: Services available in English and Spanish

Call Us: 617-437-8688

Listeners are available Monday through Friday, 8am to 6pm. If you leave a voicemail, our team will return your call as soon as possible.

Text Us: 617-437-8688

Connect with our team via text for support or to set up a time to speak by phone.

Submit an Online Form: thehome.org/cec-calm

Fill out a short intake form to schedule a call from the CALM team.

Email Us: CALM@thehome.org

Contact us via email to connect with a team member who will assist you in scheduling a call.



About The Home for Little Wanderers

For over 225 years, The Home for Little Wanderers has helped build stable lives and hopeful tomorrows for children and their families. Our 30+ community-based and residential programs serve thousands of youth, from birth to age 26, who are in at-risk circumstances. Many of these children have experienced abuse, neglect, trauma or a disrupted family life. As the oldest child welfare agency in America, we provide them with safe surroundings, permanent loving relationships and a secure path toward a better, brighter future.

The Caregiver Assist Line of Massachusetts is made possible by

