

Intensive Support for Children and Families... in *Their* World

At The Home, we know that the very best place for children to grow and thrive is in a stable home with their families. Often, youth and their families need additional supports to make home a safe place for a child who is struggling with their mental and behavioral health. Safe at Home provides intensive services and therapeutic care for a child and their family within their home environment as an alternative to placing a child in a hospital, in foster care or in a residential program.

Our Safe at Home team of clinicians, therapeutic training and support staff and therapeutic mentors work with children and their families on a short-term basis, offering in-home therapy, therapeutic mentoring, family stabilization services and safety and behavioral plans.



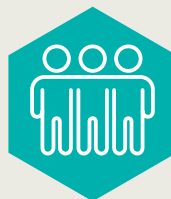
Safe at Home is designed to be flexible and meet families where they are, so they can best access and sustain services with the support of their community.

THE NEED



Many children struggling with their mental and behavioral health have high needs and high-risk behaviors that cannot be managed with outpatient counseling alone. Families often need additional supports when caring for youth who are in psychological, behavioral or emotional distress.

OUR IMPACT



We work with children and families to help keep youth safe at home and in the community, improving the child or adolescent's functioning, increasing coping skills, opening lines of communication, and improving family dynamics and relationships.

About Safe at Home:

The Home for Little Wanderers' Safe at Home program provides intensive short-term home- and community-based family services and therapeutic mentoring services for kids with behavioral health needs and their families. Our team works with children from birth until age 21 for three months to one and a half years. Safe at Home serves children and families in Boston neighborhoods, Chelsea, Everett, Cambridge, Somerville, Medford, Malden and Revere.

THE HOME FOR LITTLE WANDERERS

BETTER, BRIGHTER FUTURES FOR KIDS

888-HOME-321 • THEHOME.ORG

At Safe at Home, we believe in meeting families where they are. We provide care to kids and caregivers in places that are significant and part of their daily lives.

How We Help

At Safe at Home, our goal is to keep children safe while fostering better communication through the family. We aid in the development of clear limit setting, using the family's strengths to establish boundaries for youth to help them develop self-control and feel secure and ultimately empowered. We achieve this through **In-Home Therapy**, our intensive home- and community-based family service, **Department of Children and Families Support and Stabilization** and our **Therapeutic Mentoring** service, which supports youth with a one-on-one therapeutic relationship within their community, outside of their home and school.

PRIMARY SERVICES:

- ♥ Individual and family therapy, 2-3 times per week
- ♥ Creation of effective safety and behavioral plans
- ♥ Family stabilization services
- ♥ In-home support and training
- ♥ Child and family skills development
- ♥ Therapeutic mentoring
- ♥ Connections to community resources
- ♥ Help with care coordination
- ♥ Comprehensive services with Motivational Interviewing
- ♥ Therapeutic groups

ABOUT THERAPEUTIC MENTORING:

Therapeutic Mentors are a valuable resource for many youth, offering structured, strength-based support services to address daily living, and social and communication needs. Our Therapeutic Mentors provide training, support and coaching in the following areas:

- ♥ Appropriate behavior
- ♥ Interpersonal communication
- ♥ Problem solving
- ♥ Conflict resolution
- ♥ Relating appropriately to other youth and adults
- ♥ Functional skill-building
 - » Social and communication skills
 - » Emotion identification and management
 - » Self-esteem and confidence building
 - » Independent living skills



Contact Us



To make a referral or request services, please contact us at 855-240-4663 or visit thehome.org/safeathome/referrals to complete the central intake form.

About The Home *for* Little Wanderers

For over 225 years, The Home for Little Wanderers has helped build stable lives and hopeful tomorrows for children and their families. Our 35+ community-based and residential programs serve thousands of youth, from birth to age 26, who are in at-risk circumstances. Many of these children have experienced abuse, neglect, trauma or a disrupted family life. As the oldest child welfare agency in America, we provide them with safe surroundings, permanent loving relationships and a secure path toward a better, brighter future.